



# Homefields

INCORPORATED

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HOMEFIELDS INCORPORATED  
150 LETORT ROAD  
P.O. BOX #41  
MILLERSVILLE, PA 17551  
WWW.HOMEFIELDS.ORG

## Weeding Left to Right



It's a little hard to tell where the ivy ends and the man begins, but that's Bruce Sullenberger peeking out there. Bruce has volunteered to do needed grounds-keeping and we couldn't be happier to have him around!

## Howdy Neighbor!

Our biggest news (which is actually only new to this periodical) is the sale of our two-acre farmette next door. We couldn't ask for a better neighbor—Andy Young, the women's track coach at Millersville University. He took the keys over the winter and has been at work, restoring the 1860s farmhouse and restoring many of the original details. We're sure he'll soon be turning his attention toward the sizable bank barn and numerous outbuildings. There is work to be done but, aside from the joy of owning a beautiful home, Andy will have the payoff of being able to sit on his sizable back porch, gaze past the peach trees, and look over Homefields' greenhouses and fields.



Andy Young, right, tours the house interior with Homefields president Tom Strauss.

## EVENT PLANNER

Spring and Summer may be the busiest seasons on the farm but Fall is when things really start hopping for *everyone* at Homefields. Here are shortcuts for your datebook. See newsletter for more details:

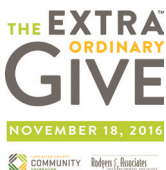


**GOLF TOURNAMENT**— This is our 20th event and it's shaping up to be one of the greatest. See page 3.  
**Friday, September 23, 8:30 AM**



**PICNIC IN THE FIELDS**— We've given you a whole day off to rest between the golf tournament and our next big event of the season. See page 2.

**Sunday, Sept. 25, 11:00 AM–2:00 PM,** drop in any time, parking starts at 10:30



**THE EXTRAORDINARY GIVE EVENT**— There's plenty of summer left but we want to put this November occurrence on your radar. Over 350

organizations received more than \$6 million last year.

**Sunday, November 18, 12:00 MIDNIGHT–11:59 NOON**

As a volunteer, non-profit organization, Homefields relies on fundraising to power our missions. If you like what you see, please consider making a donation today, using the enclosed return envelope. Any amount is welcome!



### BACKSTORY:

As you've heard in issue 29, Homefields purchased the above property at auction in 2010, with an additional 14 acres. This move served multiple purposes: to allow our successful farm program to grow, to preserve local farmland (as speculators were seeking to build a housing development there), and to protect our organic farmland from the runoff that would have occurred had this development taken place.

In addition to Andy's acquisition, the *Grace Baptist Church of Millersville* purchased an additional 2 acres.

## NOTES FROM HOMEFIELDS' HOMES

The heat hasn't slowed down the residents at Homefields this summer. At home, they enjoyed the harvest from the farm, making campfires and s'mores, barbecues, and working in the fields.

Trips included bowling events, visiting the coffee house, watching Mary Poppins at the Dutch Apple Dinner Theater, and going to Barnstormers games. Thanks to the great staff, it's been an active season for all.



Mary Beth, Lisa, and Jason also celebrated recent birthdays. Jason turned 43 this year and celebrated with a Birthday Barbecue. The residents and staff at the stone and ranch house all attended, as well as Duke street house, Jason's parent, Brian's parents, and sister. Since it wasn't a surprise, Jason got to choose the menu: hamburgers, hotdogs,

BBQ chicken, macaroni salad, baked beans, soda, chips, and a cake from Bird-in-Hand Bakery picked out by Jason. Music was featured and Linda Strauss took pictures. Jason received several gift cards, a new lunchbox, and comic books.



**Contact Us**  
717.872.2012  
info@homefields.org

## CHRISTINA'S CORNER



Farmer Christina is one of the first female farmer trainees at the *Goodwill at Homefields Farm*. She is a hard worker when it comes to harvesting vegetables for shareholders on Thursdays. The crops in the greenhouse receive careful attention when it is Christina's day to water. She makes sure every cell in each tray has the right amount of water they need

for the day. She told us that there are around 12 cats that she is taking care of right now!

**Q:** *What is your favorite thing to do on the Farm?*

**A:** Harvesting any kind of vegetables. I like to harvest fruit and vegetables because I like fruit salads. I also like harvesting walnuts from my walnut tree at home.

**Q:** *If you could be a vegetable what would you be and why?*

**A:** A Halo Orange because I love to eat them and bring them in my lunch everyday.

**Q:** *How about a vegetable from the farm?*

**A:** Peppers, because their highlights (Peppers changing color have highlights of their next color) match my highlights in my hair.

**Q:** *What's your favorite thing you found in the fields?*

**A:** Deer tracks, walnuts, and flowers of any kind. (Christina gives flowers to fellow Farmers while out in the fields)

**Q:** *Do you watch any sports or have a favorite sports team?*

**A:** Steelers, Baltimore Ravens, and Jaguars. My favorite sport to watch is football but I like to watch any sport.

## TALKS IN THE FIELDS 2016 FIELD GOOD YOGA



Thank you to Homefields for allowing me to bring yoga to the farm this summer. As part of my Create Karma yoga teacher training program, I led a series of gentle yoga classes for our farm community.

What a beautiful setting we had for our class. Being outside in the meadow we got to hear the insects and birds,

feel the breeze, and literally plant our feet into the earth in our poses. We played with tree pose and butterfly pose, and have even used our warrior



stance to scare off the groundhogs. It is so great to see this enthusiastic group of yogis come out and be willing to try new things and have fun.

We end our classes with a taste of something that is in the CSA harvest that week. Being able to share the flavors of the farm is one of my favorite parts of class. I also enjoyed seeing people join together from many different facets of our farm community. I am so grateful for this nourishing community supporting me and giving me an opportunity to grow my teaching skills.

Elizabeth Swope, *Assistant Farm Manager*

## PICNIC IN THE FIELDS

**SUNDAY, SEPTEMBER 25**  
**11:00 a.m. – 2:00 p.m.**

Drop in anytime, parking starts at 10:30

**Adults, \$25 in advance,**  
**\$30 at the door**

**Youth 13–17, \$10**

**Children under 12, Free**

### MUSIC BY

**Indian Summer Jars**

**KIDS' CRAFTS** from  
**Lancaster Creative Reuse**

**VOLUNTEER SUPPORT**  
from UNFI and Junior  
League of Lancaster

**CULINARY EXPERTISE**  
Miller's Smorgasbord

**BEVERAGES** Turkey Hill

**SILENT AUCTION**

Our signature outdoor dining event and an annual favorite, the *2016 Picnic in the Fields* promises to please once again. There will be great live music, child-friendly activities, and a spirit of community, all joining in a celebration of organic food and farmland preservation. Come when you wish and don't leave 'til you're done.

- ✦ Tickets are available now from our website (your printed PayPal receipt will act as your ticket) and at the gate.
- ✦ Free accessible parking and guest drop-off via Homefields van.
- ✦ All proceeds go directly into Homefields' residential and vocational missions.
- ✦ Any questions, email [info@homefields.org](mailto:info@homefields.org) or call 717.872.2012.



### —MENU—

**SWEET ITALIAN SAUSAGE  
OR GRILLED CHICKEN BREAST  
ON CIABATTA ROLL**



**VEGAN WRAPS**



**BROWN BUTTER CABBAGE**



**DILL POTATO SALAD**



**VEGAN CUCUMBER AND  
WATERMELON SALAD**



**HEIRLOOM TOMATOES  
WITH SWEET & SOUR  
CINNAMON DRESSING**



**APPLE PIE**



**CHIPS**



**LANCASTER BREWING  
OKTOBERFEST BEER**

*menu subject to change*

## TALKS IN THE FIELDS 2016

# THIS STORY'S IN THE CAN

Food blogger, cookbook author, and canning teacher Marisa McClellan visited Homefields on August 13 for our 19th *Talks in the Fields*. She demonstrated how to make a batch



of Plum Jam with Vanilla, sweetened with honey and set with Pomona's Pectin, and used the boiling water bath method for safe, shelf-stable preservation. These techniques highlight how to create a delicious product while avoiding large amounts of refined sugar. Attendees went home with their own jar. Marisa has taught canning and preserving for more than a decade, and is the author of *Naturally Sweet Food in Jars* and blogger at *Food in Jars*.

### Homefields Board of Directors

Thomas E. Strauss, President  
Allison G. Hawthorne, Vice President  
Andy Hirschmann, Treasurer  
Heather Conlon-Keller  
Beth Herr

### Honorary Board

James Determan

### Non-elect Members

Taryn Hogeland, Farm Manager,  
Goodwill at Homefields  
Liz Snyder, Assistant Program Director,  
Community Services Group  
Tracy Beck, Office Manager

### RESIDENTIAL MISSION:

To create financially secure, long-term homes for adults with special needs in safe, family-like settings where there is respect for the individual in a holistic sense, and fun and creativity are revered, as basic human needs.

### VOCATIONAL MISSION:

To provide horticultural facilities for individuals who prosper with supported employment, to nurture integration through community interaction, and to cultivate a spirit of volunteerism within our community.

*The official registration statement and financial information of Homefields may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.*

# HOMEFIELDS

# TWENTIETH ANNUAL FALL CLASSIC GOLF TOURNAMENT



**FRIDAY, SEPT. 23, 2016**  
Crossgates Golf Club  
Morning round at 8:30 AM

**\$80 to play (includes open driving range, contests, light breakfast and full lunch, and prizes)**  
Scramble format start.

Registration and open driving range beginning at 7:00 AM

The opportunity to shine with your friends in Homefields' backyard, *Crossgates Golf Club*, will come again on Friday, September 23, 2016. Save the date on your calendar, and look forward to the fun of the Homefields 20th Annual Fall Classic Golf Tournament. As always, lots of prizes will be there for the claiming, and fellowship with old and new friends will be featured.

Over the years, the planning committee has gone out of its way to keep our outings competitive, but lighthearted, creative, and interesting as well. You won't be disappointed in that regard this year. At the same time, we

have done all we can over the years to keep the pace of play quick, stimulating, and rewarding. That only multiplies the fun.

It is our sponsors who contribute so generously and selflessly to making this day of golf to benefit Homefields possible and profitable. We welcome their support again this year, and we invite new sponsors at any level to join us. Information regarding this opportunity can be found at [www.homefields.org](http://www.homefields.org). Questions about #20 may be directed to [golf@homefields.org](mailto:golf@homefields.org).

Of course you know that your friends at Homefields always are active at raising funding for their outstanding programs. At the same time, we are anxious to offer activities to meet a variety of needs and interests. Our golfing friends are not forgotten in this quest. Last year's highly successful 19th Annual Homefields Fall Classic Golf Tournament was a clear and enthusiastic reminder of that.

For the very special 20th year, we will be inviting folks to join us again for the Annual Fall Classic Golf Tournament on Friday, September 23, 2016. This year, it will be held again at Crossgates Golf Club in Millersville with an 8:30 a.m. shotgun start. All of the unusual and interesting fun and games we routinely offer will be in place, along with the chance to drive away with some serious money in your pocket. As always, sponsorships and donations gladly and warmly are welcomed—as are all of the golfers able to join us.

Information on these activities will follow as the events approach, but please put them on your calendar so you don't miss the fun. After all, nothing says you can't have fun while helping to raise money for a great cause.

—Terry Blue, Golf Tournament Director



For more information about sponsorship and donation opportunities or golfing with Homefields, please send an email to [golf@homefields.org](mailto:golf@homefields.org) or call 717-872-2012. Stay in the know by sharing your email address with us!



If you didn't get this newsletter in your inbox, we don't have your email address! Send yours to [info@homefields.org](mailto:info@homefields.org) and you'll get the news while it's still lightly steaming.

# New York ♥ Homefields



A New York Montessori school picked Homefields as part of their end-of-year field trip and Farm Manager Taryn Hogeland and board member Tom Strauss were gracious enough to roll out a green carpet for them.

Most people associate Maria Montessori with the education of young children. But her *Erdkinder* model of curriculum envisioned students living and working on a farm, beginning around 12 years of age. Montessori's belief was that adolescents can learn responsibility, independence, confidence, kindness, and life skills if they care for animals, cultivate crops, and prepare meals for their fellow students and teachers.

An early rain thwarted Taryn's plan of firing up the tractor and allowing students to plant seedlings, (which would have put the Montessori method into action). The ground was just too muddy. But she stimulated their other senses by having them pick, taste, compare, and contrast various similar-looking greens (mustard, Asian, and other varieties), strawberries, and serviceberries. The students learned the benefits of drip irrigation, saw the beehives in action, and transplanted one of three tomato varieties into containers that they then took back to New York.



## GARDEN CLUB'S 4-STAR VISIT

Rain, rain did go away just in the nick of time for members of Lancaster County Garden Club to tour the fields of Homefields while walking in bright, late-day sunshine.

Taryn Hogeland, Farm Manager, Goodwill at Homefields, led the way on the evening of July 18, explaining everything from customized farm equipment to kelp fertilizers. The hour-long tour ended with Taryn answering questions, then focusing on the unique nature of this vocational Community Supported Agriculture program and the Farmer Trainees who have chosen to come to work and grow at Goodwill at Homefields.

*"The Lancaster County Garden Club wants to thank Homefields for our wonderful tour. You have a great facility and are doing a wonderful service for the community. Special thanks to Taryn for taking her time to educate us on the farming techniques and the processes used throughout the farm. P.S. We found several 4-leaf clovers in your fields!"*

—Rick Kurtz, President, Lancaster County Garden Club

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