# homefie

Homefields Incorporated 150 Letort Road P.O. Box #41 Millersville, PA 17551 www.homefields.org



# Homefields at The Agricultural Issues Forum (AIF)

On Nov. 9, Allison Hawthorne and Scott Breneman were invited by Senator-elect Michael Brubaker to present Homefields' history and programs to agri-industry leaders at the monthly Agricultural Issues Forum at the Eden Resort, Lancaster. Joining Allison and Scott was Lemont Garber, a member of the Blue Ribbon Committee for Agriculture in Lancaster County. Lemont discussed the importance of Buy Fresh, Buy Local.

Hawthorne, Board Member and Founding Director, Homefields, spoke about the foundation, mission, and pioneering vision of Homefields' parents and community partners. The result is a place where people with special needs prosper, both at the beautiful home setting for adults who have mental retardation, and the vocational farm program where adults with developmental disabilities grow organic produce for the community.

Allison described the broad-based community support that has been the history of Homfields and present and future challenges: confronting the push of encroaching housing construction, price escalation of neighboring farmland, zoning, the need for additional acres secured through ownership, and the desire for a third home linked to fields.

Many who find choice employment at our farm ride a city bus to Homefields' property from Lancaster to Millersville because they are unable to drive a car. It is critically important that the vocational program continues to be accessible to those who try to make it on their own so that Homefields remains a place of integration and opportunity.

Scott Breneman, Farm Manager, Goodwill at Homefields, talked about Community Supported Agriculture and how it began in Japan by women who demanded fresh produce. They hired a farmer to grow vegetables just for them and the first CSA, or teikei, was born.

Although 50 fruits and vegetables are organically grown at our farm and 150 people have purchased shares of crops and benefit from the culture at Homefields, it is the 50 farmer trainees with special needs who are the heart of the vocational program.

Garber emphasized the importance of consumers buying directly from a Lancaster County producer. By doing so, all



Above left, Senator-elect Michael Brubaker. Above, Scott Breneman, Farm Mgr., Goodwill at Homefields.

income goes to local farmers (farmers receive only 15 to 20 cents when products are processed and prepackaged). There are 500,000 people living in Lancaster County. If everyone spent just \$5.00 at a local farm, that would put \$2,500,000 into our local economy. Reducing transportation reduces pollution, local farm products have higher nutrients, and by supporting local markets, the quality of life is better for all.

Senator—elect Michael Brubaker is the founder and current Managing Director of the Agricultural Issues Forum, an organization devoted to improving the communication and networking functions of agricultural leaders. The Agricultural Issues Forum was formed in 1989, meetings are held monthly and are open to the public.

Linda Strauss, Editor



# **Skybox Gift**

Mr. Tony Legenstein, President, Certified Carpet, treated the residents, parents, board members, staff and friends of Homefields to a Lancaster Barnstormers vs. Road Warriors baseball game at Lancaster's Clipper Magazine



Tony Legenstein relaxes with Shawn, Susan, and Denny Dougherty in the skybox.

stadium on Monday, August 28. The Legenstein family's renowned generosity was personally extended to our gang as we relaxed in the Certified Carpet Skybox, enjoyed a delicious dinner and beverages, and then moved to the dugout box to shell peanuts under the summer stars and cheer our team on.

# REFLECTIONS from the PRESIDENT

2006 has been a good year for Homefields. After fifteen years of operation we have followed an old German tradition. We have planted our roots.

The Hans Herr house was built in 1719, but the farm it still stands on was started in 1710. Christian Herr and his family made sure the farm would support the family for future generations before building a substantial house for future generations to live.

Homefields has done the same. The Homefields office, a restored original farm building located between the

residential and farm areas, is almost completed. Hopefully it will be used to support many generations at Homefields.

When Homefields opened in the early 1990s, we had a goal: To allow mentally challenged persons to live the fullest life possible in a rural setting.

First we bought a 9-acre farmette at 150/154 Letort Road in Millersville, teamed up with Community Services Group to provide staff, and opened two



President Christian Herr confers with Mark Semedo at the annual golf tourney.

homes on the property for six residents.

Volunteers did most of the work converting the homes to our residential needs. This set a basis for projects at Homefields: When contractors are needed, use them; when volunteers can do the job, allow them. Homefields has been very fortunate over the years; volunteers from all walks of life have said, "We can give you a hand" and have done most projects.

Homefields' next step toward its goal was to establish a working farm. We owned 8 farmable acres and a barn. We

reconditioned the barn, added an office, work areas, rest room facilities, and

# At Homefields, volunteers from all walks of life have done most projects.

greenhouses. Here, too, volunteers did a lot of grunt work: removing a couple of tons of bedrock, replacing siding, etc., with a contractor finishing the project. We teamed with Goodwill Industries, vocational provider agency, which manages the Organic CSA (co-op) farm, Goodwill at Homefields' Farm program. Homefields maintains the property and has supplied most of the machinery—tractors, plows, irrigation system, etc. More than 40 physically and mentally challenged persons have participated in our farm program so far.

According to Scott Breneman, Goodwill at Homefields' Farm manager, the 2006 goals for the farm shares program have been met and he is working on 2007 plans, which is to have over 200 shareholders to make the program viable. We now have over 140 shareholders.

One day last fall showed how the continued story of Homefields unfolds. While Boy Scout volunteers worked on a project, families came and went, picking up their shares of the bounty harvested that week. Many families walked the fields with their children. Residents of Homefields came out to watch the project, while other volunteers helped to build our new office.

A reporter from a local paper came to write a story about Homefields. Eric Rooney, a farmer trainee, was interviewed and had his smiling picture on the front page with his story, which he told.

We have so much to thank our volunteers and contributors for. They make Homefields possible. Should you wish to become a volunteer on one of our committees: Property, Development, Residents' Advocacy, Media, or Expansion, please give me a call at 717-871-1756.

Hope you have a very Merry Christmas and or Holiday season and a Happy New Year. Thank you again for your support.

Christian R. Herr, Jr., President

# **In His Own Voice**

Back in the early 90's, I was at an ARC (Association for Retarded Citizens) meeting and Tom Strauss got up and asked for input on his thoughts on a residential concept, a farm home for the mentally challenged. Even though I did not speak up at the time, I began thinking about Tom's idea and talked to others, including my family. My family thought it was a good idea and wanted more information.

That was fifteen years ago. We made the decision to be part of Homefields. I'm glad we did. Our daughter Mary Beth has enjoyed years of independence that she could never have gotten. It gave my late wife Jerry, and has given me and my family peace of mind that we could not have had, had it not been for Homefields.

Homefields has been something that we as parents could be a part of. Helping to make Mary Beth comfortable was our aim. Then when that was completed we were able to watch her enjoy what we and others had tried to do. The feeling of knowing that Mary Beth is happy is the greatest thing that we as parents could ask for. It means that she has some independence and we can do things that include the rest of our family. Homefields' surroundings are beautiful and it is a real pleasure going out there and spending time with my daughter. THANKS HOMEFIELDS FOR BEING THERE

I know this is no editorial but it comes from the heart.

Jim Determan Founding Parent Honorary Board Member Homefields

# Homefields' 10th Annual Fall Classic Golf Tournament—Friends

#### **SPONSORSHIPS 2006**

### PLATINUM \$3000

Fulton Bank Plain & Fancy Farm / Miller's Smorgasbord

### **GOLD \$1500**

amishlandinfo.com Community Services Group The Phillips Group Simon Lever LLP

#### **SILVER \$1000**

Brenneman Printing Inc Community Behavioral Health Care Network of PA Emory Hill Real Estate Services, Inc. Gibbel, Kraybill & Hess Goodwill Industries Keystone Area High Associates Ltd.

### **PRIZES**

Agape Care Center Allied Wellness Services, Inc. / Gift Bag Brighton Handbag and Accessories / Karen Bennett Hostetter's / Golf Umbrellas Jackie's Beauty Salon Kauffman-Gamber Physical Therapy KimRich / Planter Palm Court at Willow Valley / Brunch for Two The Phillips Group / Luggage The Phillips Group / Shredder Pro Golf Discount of Lancaster Tranquility Center for Well Being / Massage Wiley's Pharmacy, Millersville



Paul Risk Associates, Inc. Trout, Ebersole & Groff Verizon Wireless J.P.Warner Associates, Inc.

# **BRONZE \$500**

Billie-Jeans Hair & Nail Studio Dennis and Susan Dougherty Hursh Painting Co., Inc. Sacunas Stoessel Thomas Trucking Tsoules, Sweeney & Martin Ziegler Renovation & Design

# LUNCH/BEVERAGE \$375

Donegal Insurance Companies Frank Sahd Salvage Center, Shoemaker & Besser Insurance Group

# **HOLE \$300**

B&F Partners / Charlestown Townhouses Barry Bruce & Co. Inc. Berger Real Estate, Inc. D&E Communications, Inc. Lebzelters Total Car Care Paden de la Fuente llc

# **SUPPORTING \$175**

Robert H. Ranck, Inc Rhoads Energy Tomlinson Bomberger Lawn Care & Landscaping Inc.

Tri-Starr Staffing Solutions William J. Patrick, Inc.

# HOLE - IN - ONE

Autohaus - \$10,000 Cash Lancaster Tractor & Equipment, Inc.-ZTR Tractor Closest to the Pin Autohaus-Guaranteed Winner-A Porsche Weekend-Both AM & PM **Tournaments** 

# **DONATIONS**

# IN-KIND

Allied Wellness Services, Community Services Group's Bakery Emjay Display Inc.-10th Annual Plaques Kauffman's Fruit Farm William Moshos TES, Inc. Turkey Hill Dairy

Scheid Produce Inc.

# **CASH**

\$500 Jeffrey F. and Leslie Lehman \$250 Kitchen Kettle Foods, Inc. Joseph F. Roda, Roda Nast, PC \$100 Richard A. Graff, Jr., DDS Roderick E. Laukhuff Charles F. Snyder Funeral Home, Inc. \$75 Mary Z. Stehman \$50 Ronald, Jr. and Judy Oettel Barbara and Richard Kettering

# **COMMITTEE**

Terry Blue, Chair Charles Cook Jay Groff Allison Hawthorne Chris Herr, Jr. Cindy Ledwith Don Mowery Carolyn Semedo-Strauss Reed Semedo-Strauss Daniel Strauss David Strauss Linda Strauss Lin Varga Kay Welty Denise Ziegler



#### **DONATIONS** (not tournament related)

\$2.852.15 \*The Timber Shop-Cypress Wood

\$1,000 Caroline S. Nunan

\$100 Mike and Edith Amico Jay Chryst \*Richard L. Levengood Douglas G. Rupp Judy S. Sandt "In Honor of Joyce Smedley"

\$75-\$60 William and Judith Keonig \*Charles J. and Stella A. Pletcher

\*John Gregory Dennis E. Weber

\$35-\$25 Joel Ember \*William and Julia Grove Barbara and Rich Kettering

\$20-\$10 Dorothy and Antone Semedo Beth C. Herr-Book Purchase

A special thank you to..... \*Those who joined us at Isaac's Restaurant and Deli, Centerville Rd., for the first "Community Night" Fundraiser on October 18. \$168 was generated.

Reed and Carolyn Semedo-Strauss for design and maintenance of www. homefields.org

David M. Strauss for layout and design of all printed material

\*Indicates new donor or new level of giving

# A.M. ROUND Closest to the Pin #6-Don Trout 13' 2 1/2" Porsche for

Winning Foursome, Net Low-Jay Walsh; George Bottenfield; Bill Weston; Jack Dettinger Second Winning Team-Kurt Engel; Mike Lorelli: Steve Hershey; Jim Baxter Men's Longest Drive #9-Mike Brenneman Lady's Longest Drive #9-Pean Frey Men's Straightest Drive #11-Michael Muenz Lady's Straightest Drive #11-Jon Klingler Closest to the Pin #6-Dave Carlson 8' 10 3/4" Porsche for a Weekend Prize Winner Hole In One Putting Contest-Don Mowery

\$24,592.18

### **STATISTICS**

### Winning Foursome, Net Low-Ron Kratofil; Rick Conley; Sam Nelson; Ron Carper Second Winning Team Men's Longest Drive #9-Jack Dettinger Lady's Longest Drive

#9-Allison Hawthorne Men's Straightest Drive #11-Don Trout Lady's Straightest Drive #11-Jennifer Wimok a Weekend Prize Winner Hole In One Putting Contest-Sam

### P.M. ROUND

Nelson

Net to Homefields



Steve Gainer donates his culinary skills to turn the tournament into a

### **GOLFERS**

Hostetter, Jennifer

Hostetter, Nancy

Jaremko, Gloria

Johansen, Rick

Jones, Rob

JP Warner Assocs., Inc.

Kettering, Rich

Kimmich, Chuck

Kirwin, Mike

Klingler, Joan

Koenig, Bill

Koenig, Billy

Koontz, Chris

Kratofil, Ron

LaFrance, Jason

Levan, Kitty

LeVardi, Keith

Longo, Bob

Loper, Tom

Martin, Liz

McCuen, Bill

Metro, Paul

Miller, Tim

Morrone, Colleen

Moshos, Bill

Mowery, Don

Moyer, Mike

Myers, Barry

Price, Tim

Risk, Paul

Roach, Brian

Rupp, Randy

Sawich, Jonathan

Schreder, Dave

Semedo, David

Semedo, John

Semedo, Mark

Sheely, Jeremy

Skacel, Rob

Smith, D.R.

Smith, Greg

Stephenson, Angie

Stephenson, Tom

Strauss, Dan

Sturla, Mike

Teixeira, Joe

Teixeira, Tom

Templeton, Chris

Thompson, Carol

Thompson, Don

Thouvenot, Brian

Tobiassen, Randy

Tomlinson, Clark

Thomas, Dan

Trout, Don

Tubay, Jim

Tubay, Leo

Van Name, Ted

Varga, Joe

Walls, Kurt

Walsh, Jay

Warfel, Dale

Warte, Adam

Weaver, Brad

Weaver, Julie

Weigand, David

Weikel, Dean

Werst, Jim

Weston, Bill

Wiggins, Mike

Andrade, August Barbush, Dave Barto, Linda Benedict, Marlin Benner, Matt Berger, Danielle Bickford, Robert Biggard, Bob Blue, Susan Blue, Terry Bomberger, Dave Bottenfield, George Bouie, Mike Brenneman, Mike Bressi, Ann Brooks, Ken Carlson, Dave Carlson, Rejean Carper, Ron Chaby, Sandy Clements, Scott Cohen, Bruce Conley, Rick Cook, Chuck Copenhover, Rose Daubert, Scott DelValle, John DePaul, Michael Dettinger, Greg Dettinger, Jack Dieck, Dave Dougherty, Denny Duncan, Al Edley, Richard Ehrhart, Karen Elk, Shon Ferrell, Bill Frey, Pean

Engle, Kurt Ernst, Jason Eshleman, Mike Finch, Walker Fisher, Chris Flaherty, Pat **Fulton Bank** Ganse, Gerry Ganse, Suzanne Ganss, Carol Garrett, Tom Gephart, Ken Gladfelter, Brian Gleason, Jeff

Hallacher, Rick Hartle, Jan Haynes, William Hash, Charles Dr. Hawkins, Dan Hawthorne, Allison G. Herr, Chris Jr. Herr, Nan

Glessner, Ron

Godfrey, Mindy

Greider, Ken

Groff, Jay

Hershey, Noah Hersney, Parmaile Hess, Don Hess, Melvin Hester, Jerry High, Jeff Hirschman, Andy Hoover, Joe Hosler, Dennis

Williams, Bruce Wilson, Bob Witman, Ted

# **VOLUNTEERS**

Cindy Ledwith, **Tournament Coordinator** Ann Bressi **Denny Dougherty** Susan Dougherty **Bonnie Gerhart** Jan Hartle **Emily Hertzler** Melissa Jones **Barb Kettering** 

Carmen Klingensmith Dave Schreder Joyce Smedley Tom Strauss Joe Varga Julie Weaver **David Weigand** 

(32 people volunteered on tournament day)

# **Meet Elizabeth**

A Lancaster County native who moved to Oregon, Elizabeth Swope returned to her roots here at the farm, first as a shareholder, then as a part time employee and, now, full-time Assistant Farm Manager for the vocational program, Goodwill at Homefields.

Swope works one-on-one with the farmer trainees from Goodwill and side-by-side with Scott Breneman, Farm Manager. Elizabeth's smile reflects her joy in finding her bliss.



- HF What is your favorite season and why?
  ES I love spring because of all the flowers and everything being so new. But I love late summer/early fall too, because it is such a time of abundance and wild growth.
- HF What is your favorite flower/shrub/bush and why?
- ES Red Raspberry. It is easy to grow, the leaves can be brewed for a medicinal tea, and the berries are pretty much my favorite thing in the world to eat.
- HF What leisure activity gives you great pleasure? ES An evening walk to the library.
- HF What is you favorite vacation place and why?
  ES I love the Pacific Northwest, especially the Olympic Peninsula. In summer, the weather is perfect, you are always close to water, and there are beautiful farms everywhere.
- HF What is your favorite form of transportation? ES Walking.
- ES Walking.
- HF Ginger, lemon, black pepper, and mint are all thought to be necessary holdings in one's kitchen. Which one would you never be caught without?
- ES Lemon, which is one of my favorite
- HF With whom would you like to share a meal and why?
- ES Tasha Tudor, a children's illustrator and gardener who is an inspiration to me. I would love to share a conversation with her, as well as revel in her food, her flowers and the magic of her home.
- HF What issues are you passionate about?
  ES On a daily basis: domestic arts and their value in modern life, food that nourishes, simplifying daily life, reducing waste. On a broader scale: human rights, wilderness preservation, gender equality, and environmental responsibility.
- HF What question should I have asked that I didn't?
- ES What is my favorite things about the farm? Everything!





# **Grease—We Go Together**

Shoobop sha wadda wadda yippity boom de boom. Chang chang changitty chang shoobop, that's the way it should be, wha oooh, yeah! We're one of a kind...Homefields' Board of Directors treated the Hip Folks who live at Homefields, staff members, and parents to a Saturday afternoon matinee at the Fulton Theater, Lancaster on September 23. Joining our circle were gentlemen friends from Colonial Road home and a genuine Pink Lady. Mary Beth and Lisa were moved to sing along and, yes, uniqueness was celebrated....oooh, yeah!

# **Harvest Celebration**

On the last Friday night of September, the Goodwill at Homefields community of shareholders and farmers gathered together for a Harvest Celebration on the farm property. It was the first cold night of the fall, with temperatures dipping down into the 40s. A windy afternoon gave way to a still evening, creating perfect conditions for our first bonfire on the farm

It was an honor for us to have so many families come out to spend the evening with us, and a true treat to try all the different dishes. We're convinced our shareholders are made up of some of the finest chefs in Lancaster County. Around 70 people came out for the event, filling the barn with families, while the conference



table spilled over with all kinds of soups, casseroles, salads and desserts. Picnicking stretched out across the farm to the site of the bonfire, just south of the river birch tree at the center of the farm.

After dinner a game of Frisbee started out on the lawn and a slide show of the farm gave us highlights from the early days to present. Four of the stars of the slide show were in attendance. **Brian Bixler**, **Robert Pelura**, **Brad Turner**, and **Glenn Weaver**, all Farmer Trainees from the Goodwill Vocational Program, came out with friends and family. We were glad to see the men who have worked all season to grow food for our shareholders kick back, relax and enjoy the bounty.

The evening wound down around the bonfire, which grew larger as the night went on. Old friends caught up with each other and new friends were made. Children roasted marshmallows for s'mores. Hot apple cider kept us toasty warm, until the last of us reluctantly headed home. It was lovely to see the farm alive after dark, full of young voices, lit up by the moon and paper luminaries lined up along the wooden split-rail fence.

We are grateful for the chance we had to connect with the farm community and celebrate this season with great food and wonderful people.

Elizabeth Swope, Assistant Farm Manager, Goodwill at Homefields

# Become a shareholder and join in..... here's how:

Email or call Goodwill at Homefields, Scott Breneman, Farm Manager at sbreneman@yourgoodwill.org or 717-871-3110. 2007 Prices—Half Share \$400; Full Share \$600. Scott will tell you the rest of the story. Proceeds benefit Goodwill Industries Keystone Area.

# Why Give to Homefields?

- Because we put roofs over heads, implements in hands, equipment on ground, and water systems under feet. If it hums, hoes, or hydrates, it is Homefields' volunteers using your donations to provide home and work options for adults with disabilities. Supporting Homefields keeps a beautiful local organic produce farm in operation, creates a job of value for your neighbors with special needs and, for those most vulnerable, a safe and maintained home.
- Give through the United Way of Lancaster County. Homefields is a 501(c)(3) all-volunteer organization but not a United Way member. Please check "Optional Giving Choices" and write in "Homefields".
- Buy, whether an individual or a corporation, Harley-Davidson raffle tickets from Homefields to give as presents for all occasions: www.homefields.org
- Contribute to Homefields' endowment fund. Contact Joyce Smedley, Board Officer, Homefields: 717-871-9643 or jwsmed@verizon.net for information or write to PO Box 41, Millersville, PA 17551 to learn more.
- Go online to www.homefields.org and use your credit card to securely contribute.
- $\bullet\,$  Mail in the newsletter donation form with check to P.O. Box #41, Millersville, PA 17551
- Visit the vocational program at 150 Letort Road and see the good work at work. The homes at 152-154 are beautiful as well, but private. .....and thank you!

# **Upcoming Events**

### HARLEY-DAVIDSON MOTORCYCLE RAFFLE

MODEL: XLH 883 CUSTOM SPORTSTER WHEN: FEBRUARY 10, 2007

(Drawing held at Homefields)

\$5.00 donation per ticket Please fill out the enclosed form and mail it to: Homefields, P.O. Box 41, Millersville, PA 17551 or Purchase tickets online at www.homefields.org

Homefields is an all-volunteer, nonprofit organization providing homes for people who have mental retardation, and is a benevolent landlord to an organic cooperative farm program that provides job training for adults with special needs. All proceeds from a Homefields' event benefit Homefields, Inc.

# sil it to:

# Raffle and Donations

forms also available online at www.homefields.org
☐ Yes, I'd like to help Homefields with my tax-deductible contribution:\$25\$50\$100Other
$\square$ Please send me tickets for the Harley-Davidson raffle at \$5 each.
Your Information:  Total enclosed \$
Name
Address
City State Zip
Telephone
email address
Method of Payment:
$\square$ Check $\square$ MasterCard $\square$ Visa $\square$ Discover/Novus $\square$ American Express
Card # Exp. Date/

- $\square$  Please add me to your mailing list
- ☐ PLEASE REMOVE ME FROM YOUR MAILING LIST

Signature

# **Homefields' Tenth Tournament**



Another page was turned in the history of the Homefields Fall Classic Golf Tournament as two substantial groups of golfers set out in the morning and afternoon in pursuit of prizes, glory, and fun. The 10th annual outing lived up to its billing as "A Perfect Ten" with the weather complementing all of the hard work of our volunteers, the generosity of our sponsors, and the energy of our golfers.

Last year, we did have a small group of golfers, "dressed to the nines" no less, go out at the crack of dawn to make room for an overflow afternoon of foursomes. That was more of an afterthought than anything, thanks to the bountiful registration of participants. The plan this year was to make both the morning and afternoon available by choice, and a significant number braved the morning chill and dew to test their skills against the par three prize requirements and the other tests of mettle waiting for them. Almost half of the course was filled by these hardy souls, and they set the tone well for the larger group to follow at Noon.

As usual, this was a happy and rewarding event. Long term sponsors and golfers were thanked for their commitment to the Homefields cause. Friends interacted with old and new acquaintances to give the outing the tone that makes it so special to all. Shots hit with old clubs went in all directions, including straight (to the surprise of many), and two golfers will be enjoying a weekend with a Porsche thanks to their talent (others might say luck). Good food blended nicely with the prizes and fellowship shared at the end of day.

It was easy to leave the golf course with a smile on the face and a warm feeling in the heart, even for those who paid the price of a fourteen or fifteen hour day. All left knowing that they had contributed something of value to others most deserving of such thoughtfulness. That, after all, is the main reason for getting together each year. Thanks to all who care, once again.

Terry Blue, Touranment Chair

# Carrot & Ginger Soup from Organic Valley



INGREDIENTS:

- 1 leek
- 2 tablespoons unsalted butter 2 pounds carrots
- 1 sweet potato
- 2 cloves garlic, peeled and
- minced 2 tablespoons fresh ginger root, grated
- ½ teaspoon curry powder or nutmeg
- 5 cups vegetable or chicken stock
- 1 cup cooked rice, cooked (white, jasmine or brown if preferred) salt and white pepper 1 cup organic soy milk (or

heavy whipping cream)

INSTRUCTIONS:

- 1. Cook the rice first. In a small saucepan, bring 1½ cups water to a boil. Add ½ cup of dry, white rice. Cover and simmer for 15 minutes or until grains are tender and water is mostly gone (longer for brown rice).
- 2. Trim off the tough green end of leek, then slice leek lengthwise and rinse out. Slice leek halves into ¼-inch slices.
- 3. Trim carrots, wash and slice diagonally. Peel sweet potato and cut into 1-inch cubes.
- 4. Melt butter (can use oil) in the soup pot and sauté the leek until translucent but not brown. Add carrots and sweet potatoes and toss for 2 minutes on medium heat.
- 5. Add the garlic, ginger, curry (or nutmeg), stock and rice. Bring to a boil, then lower to a simmer. Cover and cook gently for 20 minutes or until the carrots are soft.
- 6. Pure the soup in a processor or with a hand-held whisk. Add salt and pepper to taste.

When serving, put one tablespoon of soy or heavy cream in the middle of the bowl, and give it a gentle swirl.

Servings: 8

### **Homefields Mission Statements**

RESIDENTIAL To create financially secure, long-term homes for adults with mental retardation in safe, family-like settings where there is respect for the individual in a holistic sense, and fun and creativity are revered as basic human needs.

VOCATIONAL To provide agricultural/horticultural facilities for individuals who prosper with supported employment, to nurture integration through community interaction, and to cultivate a spirit of volunteerism within our community.

### **Board of Directors**

Christian R. Herr, Jr., PRESIDENT Joyce S. Smedley, VICE PRESIDENT Dennis Dougherty, TREASURER Linda Strauss, SECRETARY Allison G. Hawthorne Cindy Ledwith Dorothy L. Lyet Thomas E. Strauss

### **Honorary Board**

James Determan

Homefields is a non-profit organization, 501(c)(3). Donations are tax-deductible. Letters to the Editor can be sent to: Homefields, 150 Letort Road, P.O. Box #41, Millersville, PA 17551, (717) 872-2012, or to info@homefields.org

The official registration statement and financial information of Homefields Incorporated may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.

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T WAS SEPTEMBER 1995 WHEN THE RANCH HOUSE REMODELING was completed and ready for Lisa, Mary Beth, and Ted to move into their new life at Homefields. On the day of the move for Lisa, movement was spotted under a stack of old

wood left behind on the farm by the previous owner. There, nestled away, was a very young mother cat with two newborn kittens. Socks, so named by the residents because of her white feet, had legs that were a little bowed and a very small body but was doing her best to be a good mother cat and protect her babies. She became an important life force to focus on as the need to think beyond the moment and self was imperative. Now twelve years later, the kittens are gone but tenacious Socks, our founding cat, remains purrrrfectly happy at Homefields... as does everyone else.

Homenelds 150 Letort Road P.O. Box #41 Millersville, PA 17551

