Homefields Incorporated 150 Letort Road P.O. Box #41 MILLERSVILLE, PA 17551 WWW.HOMEFIELDS.ORG

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#### **GOING GREEN(ER)**

In an effort to conserve funds and go environmentally friendly we will be shifting to an email newsletter in the next year. If you would like to receive our newsletter, please send an email to info@homefields. org stating that you would like to be on our Homefields mailing list. We do not release our list to other organizations.

As an added bonus we will draw three email addresses received before October 1st to receive a complimentary copy of the Goodwill at Homefields Cookbook. Thank you for helping us with this change!



### **Identity Crisis**

To increase awareness and sharpen recognition, we're phasing in a newly redesigned logo this year (above). The weathervane graphic and purple/yellow color scheme remain unchanged, but the type component has been revised into one word. This will prevent confusion when transposing our name into other media (is it Home fields, home fields, homefields, or Homefields?).

The Garamond typeface that has served us well for over 15 years is now retired, in favor of Archer Pro from Hoefler & Frere-Jones. It is a direct and simple slab serif to convey the quiet strength of our organization.

The logo can be seen on our new sign, which should be installed by the time you read this, and our website. We'll phase it out of other media as current stockpiles deplete.



Find us on Facebook.



Homefields

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### Letter from the President

There is something about the spirit of non-profits that makes them truly unique in the world of the profit-taking big busi-

ness we are accustomed to. People who are associated with non-profits have a passion for what they do. They see a bigger picture and work to achieve goals that good ideabenefit a group of people or individuals who need it most. Though money in the bank is wonderful, that's not the drive behind their ef- greatness forts. It's what needs to be

done and what resources are needed to achieve it. Often, that means seeking out help from others who might have more knowledge or can offer their time and attributes to achieve those goals. Luckily, there are people who will step up to the challenge and offer their time, money or maybe just a new perspective on how to look at things. No matter what, it really comes down to helping your fellow man in their life's journey.

When I sit at the table with the Board of Directors of Homefields, I see that passion, that willingness to give of themselves and most of all the caring of what they do and who it benefits. I walk away with a feeling of I wish I

could do more, give more and be more. To be part of a non-profit is to realize that there is something bigger than you and those who are in need benefit from the efforts you put forth. From any chair in the Homefields office, you either see the gardens or you see the houses for the residents or you overlook the other

board members. All of it is beautiful; the rich Lancaster County farmland that supports the efforts of Goodwill and their vocational program, the caring and nurturing provided by the Community Service Group's staff in the residents houses and the diverse members of the Board, who meet once a month in the true essence of volunteerism to support and grow the dream of Homefields. Any given day, I receive several emails from



#### **Residents Walk for ARC**

This year's annual ARC Walk was held on April 17, 2010 at the Clipper Stadium in Lancaster. Jason Supplee (far left) and Brian Bixler (right), both residents of the stone house at Homefields, joined over a hundred other walkers and supporters as they braved the cold and blustery weather to support this worthy cause. They were joined by Brian's parents and CSG Staff member Chad. The event was sponsored by GP Nuclear/Three Mile Island and emceed by Ken Slotnick of WGAL. The pace, energy and spirits of everyone were kept high with the sounds supplied by DJ Mike D., face painting by Elvira and balloon twister Tony G.

This was the second year Brian has participated in the walk and the first year Jason has participated as a resident of Homefields. We congratulate these two young men for their ongoing initiative and desire to support an organization that benefits so many of Lancaster's special needs residents. Well done, gentlemen.

The Arc is the world's largest community based organization of and for people with intellectual and developmental disabilities.





#### **Board of Directors**

Thomas E. Strauss

Jay Groff, President Melissa Ostrowski, Vice President Barbara J. Spiegelberg, Secretary Bennett F. Berhow, Treasurer Terry W. Blue W. Lee Eastwood Janet M. Hartle Allison G. Hawthorne Suzanne Ollar Joyce S. Smedley

#### **Honorary Board**

James Determan Dorothy L. Lyet

#### Non-elect Members

Scott Breneman, Farm Manager, Goodwill at Homefields Melody Edwards, Residential Supervisor, Community Services Group at Homefields Tricia Warfel, Recording Secretary, Homefields

#### RESIDENTIAL MISSION:

To create financially secure, longterm homes for adults with special needs in safe, family-like settings where there is respect for the individual in a holistic sense, and fun and creativity are revered, as basic human needs.

#### VOCATIONAL MISSION:

To provide horticultural facilities for individuals who prosper with supported employment, to nurture integration through community interaction, and to cultivate a spirit of volunteerism within our community.

The official registration statement and financial information of Homefields may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.

#### Letter from the Pres. (cont'd.)

board members thinking, working and developing new ideas and ways to enhance the Homefields cause. Again, we are all volunteers. We don't get paid for this, we don't seek glorification for our efforts and we certainly don't want the attention for ourselves. That's the part of the greatness of nonprofits. We do it for a cause and it gives us back so much more than we could ever give to it.

Recently, some of our board members have stepped down from the board. Jan Hartle, who has been on the board for years, is working hard for another non-profit that she cares about and is closer to her home. Barb Speigelberg has decided that it is time for her to step back and "let someone else with more to offer" take her place (her words not mine; in my opinion, Barb is one of the most gifted and insightful people I have met in my 50 plus years). I wish them both well and much happiness, so that does leave some board positions open. We will be looking to fill these positions. If it is something that you think you might like or would be interested in, contact a board member or send us an email at info@homefields.org. In a short message, tell us what you think

you can do to help us grow and prosper. What are your strengths? How you might be able to help Homefields and most of all why you want to be part of a non-profit such as ours? We will consider everyone but will choose carefully.

In closing, I am thankful for the support of the board and of the support from Goodwill and CSG at Homefields. Homefields truly is an example of a good idea growing into greatness. Please support us by buying a raffle ticket for the Harley-Davidson, play in our always fun (and a little wack)y golf tournament, offer services in-kind, volunteer if you can, and send a donation if you have the means. Any small gesture goes a long way. When you volunteer or provide services, you save us from paying for these services and that can save us money we can out into house repairs for the residents. Any donations are spent entirely for the Homefields cause. We employ one part-time office person. She is there to answer questions and get back to people with information plus forwarding snail mail and email to the various board members and committee chairs. All other donations are used to offset Homefields' expenses. Your donation, no matter how small, is big to us.

> Sincerely, Jay Groff President, Homefields

### Penn Manor FFA collaborates with Homefields



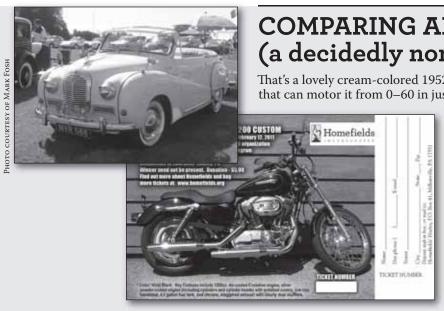
Homefields Board member and Penn Manor High School Counselor Melissa Ostrowski contacted members of the Manor FFA at Penn Manor High School about a possible community service project at neighboring Homefields in Millersville. One of the main tenets of FFA is service, and the opportunity to help out and gain landscape and horticulture skills "out in the field" made this a win-win idea worth pursing.

Homefields' board member and parent of a Homefields resident Tom Strauss chairs the property committee. He gave the FFA teachers a tour of the grounds, which showed that the winter took its toll this year on the grounds of the facility. With lawn maintenance being completed by volunteers, Manor FFA was invited to help renovate the landscaping and repair damage caused by the winter winds and snow. FFA members, advisors, and parents are currently working to rake leaves, prune bushes and trees, and re-design the flowerbeds. In the future the groups will continue to work together to update and renovate the grounds to make it a relaxing area for the residents to spend time with their families.

This truly is an example of a school community partnership with both sides benefiting. FFA Advisor Carole Fay explained



that, "The students will get a sense of pride knowing that they were able to complete a real-life project which will make a difference in the lives of folks in the community". Penn Manor students will also be able to earn community service hours for their required senior graduation projects. We at Homefields appreciate the willingness of our local high school teachers and students to volunteer their time. We can not do it all alone and are very grateful for all of our supporters and volunteers.



**COMPARING APPLES TO HARLEYS** (a decidedly non-organic juxtaposition)

That's a lovely cream-colored 1952 Austin Somerset convertible to the left, from Coventry England. It has a 1200cc engine that can motor it from 0-60 in just under 30 seconds. No, that's not a typo and we won't be raffling off one of these this year. Instead, you can have a go at the vivid black 2010 Harley XL 1200C Sporster shown to the

left, for a paltry \$5 per ticket. Displacing the same 73 cubic inches, the Harley will reach the same speed in under 6 seconds and nets over twice the highway fuel economy. More than a Prius (if you need to work up an informed PowerPoint to the spouse).

This bike sports:

- · Silver powder-coated engine (including cylinders and heads) with polished covers
- Low-rise handlebars
- Laced steel wheels
- Chrome staggered exhaust with Shorty dual mufflers
- A 4.5 gallon fuel tank

The drawing will be in Homefields' barn on Saturday, February 12, 2011 at 10 AM sharp. Ticket sales end February 10.

### Donations

Please make checks payable to Homefields Inc. and return in enclosed envelope.
Forms are also available online at www.homefields.org

	Total enclosed \$			
Name				
Address				
City		State	Zip	

☐ Yes, I'd like to help Homefields with my tax-deductible contribution:

\_\_\_\$25 \_\_\_\$50 \_\_\_\$100 \_\_\_Other

Method	of Pay	ment:

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 $\square$  Please add me to your mailing list  $\square$  Please remove me from your mailing list

# Harley Raffle forms also available online at www.homefields.org

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☐ Please send me ticket:	s for the Harley-Davidson raffle at \$5 each.
	Total enclosed \$
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Telephone	
email address	
Method of Payment:	
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Signature	

□ PLEASE ADD ME TO YOUR MAILING LIST □ PLEASE REMOVE ME FROM YOUR MAILING LIST

### Asian style Asparagus Salad



Nothing says spring like Asparagus and Rhubarb. Here is a tasty recipe for the green spear:

1½ lb. asparagus

MARINADE

2 tbsp. tamari or regular soy sauce

1½ tsp. sugar 1 tbsp. sesame oil

1 tbsp. white vinegar

1 tbsp. Chinese rice wine or dry sherry (optional) ½ tsp. ginger root, freshly grated or substitute

powdered ginger to taste ½ tsp. Chinese chili paste or powdered red pepper Lightly toasted sesame seeds

Whisk together the marinade ingredients and set aside. Wash the asparagus and cook one to two minutes in rapidly boiling water till tender but still crisp. Plunge immediately into cold water. Drain well, place in a shallow bowl and cover with marinade.

Chill at least 30 minutes. Serve within 2 hours. Garnish with sesame seeds

Adapted from Foodbank for a Sustainable Harvest

#### **Full Steam Ahead**

The momentum builds as we prepare for another season of harvests. The smell of rich soil, the amazing vigor with which dormant bushes and trees break forth, and the sound of the tractor and spader in the field are all unmistakable clues that the growing season is upon us.



Every morning for the past ten years now, the staff and trainees arrive at the farm, ready to take on the tasks of the day. This week we

transplanted thousands of broccoli, cabbage, cauliflower, and onions while conditions were favorable. We improve our farming a bit each year, doing all that we can to promote healthy soil biology and in turn, healthy plants that have high nutrition for our bodies. This includes mulching, composting, crop rotation, and replacing minerals that the plants extract from the soil.

Daily, between four and six trainees from Goodwill (yes, of Goodwill Stores fame) put on their farmer hats and put it in gear to make the farm run. You can't help but feel good working with the plants and the soil, spurred on by the hope of abundant life and harvests. As the spring rains fall, the seeds germinate, and the plants root into the soil we look towards June. If you'd like to join us for this season to share in the weekly harvest, sign up online at www.yourgoodwill.org/farm or give us a call at 871-3110

### **Our Place** in the World

by Allison Hawthorne

Homefields' board of directors works collaboratively with Community Services Group (CSG), and Goodwill Industries to provide unique living and work opportunities to adults with Intellectual Developmental Disabilities (IDDs).

CSG has done our best at Homefields to remove barriers, both philosophical and practical. We have created a place where many individuals with a variety of disabilities can not only live, but over the course of time have hand a hand in determining the content and rhythm of their own lives.

At Homefields, people who work for Goodwill Industries have an opportunity to come and work in the fields; tending to organically cultivated fields, growing fruits & veggies for the CSA program. When you watch folks working in the fields, you see people at home in the fields—embracing the sun and the land. What you will not see is disability.

So that we can continue our mission and outreach, we raise funds through projects like the Harley Raffle and the Annual Fall Classic Golf Tournament. We also raise funds to ensure that our buildings are maintained and needed equipment is purchased. Along the way we try to enhance the lives of the adults that live and work at Homefields.

One area that can challenge us is the annual state licensing process for the homes. It is necessary to pass an annual inspection in order for CSG to maintain a license in good standing with the state. Sometimes this requires us to replace and repair at a rate that differs from typical landlord-tenant relationships.

Other areas are more challenging: what else can we, should we be doing to ensure accessibility? Improve the feel of being at home, make a walking path, add indigenous plantings, what about the trees that are failing? We have enjoyed the many people who have come together over the last 16 years to support us in our efforts.

Most recently Penn Manor High School's FFA club has been working on some of the landscaping projects for the homes (story page 2).

Along the way, if friendships are found and working relationships started, then we can once again say that's what it's like at Homefields.

## **Homefields 14th Fall Classic Golf Tournament**

The Homefields 14th Annual Fall Golf Classic will provide opportunities for stardom on the links on September 17, 2010. Mark the date on your calendar and mark the location as Crossgates Golf Course in Millersville, PA.

Again this year, the planning committee has scheduled morning and afternoon rounds to suit everyone's convenience. Dedicated types probably will want to take advantage of both times for a full day of fun and athletic accomplishment. The morning group will set off at 7:30 AM, while that later round will begin at 12:30 рм. \$80 per person will get one a place for either the morning or the afternoon. \$140 per golfer will keep the action coming all day.

Those golfing at 7:30 AM will receive breakfast and lunch and will add dinner if they play all day. Afternoon golfers may purchase a delicious lunch at a subsidized price and then will sit together for dinner and prizes. The restaurant at Crossgates is under new management, so it will be a good time to test the service and food.

For those who like to play quickly, especially in an outing setting, the Homefields event is a great one for you. Using both the morning and afternoon allows us to hold the numb ers on the course to a level that keeps everyone moving rather than waiting. Last year, for example, there were 80 golfers in the morning and 120 in the afternoon. Come play quickly, rather than standing around.

The Homefields outings have a modest reputation for being unusual enough to keep things interesting. Last

year for #13, we tested how supersti-

tious folks might be. This year's #14 is a tougher test of creativity, so we'll just encourage you to meet your fourteen club limit and trust us to have some extra clubs available on some of the holes to give you some unusual

> clubbing experiences. Our other routine but unique gimmicks also will be available.

We'll also offer the standard golf outing fare as well—hole-in one prizes on all par threes, longest drive, straightest drive, and, of course, prizes for scoring low. All of that is done with a level of organization and smoothness possible when we are doing this for the fourteenth time with the assistance of

the quality Crossgates staff. It is our sponsors who contribute selflessly to making this day of golf to the benefit of Homefields possible. We thank them and look forward to having to thank them again next year. At the same time, we welcome new sponsors at any level. Information regarding sponsorship opportunities may be found at www.homefields.org. Questions of any type may be directed to Terry Blue, the golf committee chair, at twblue@comcast.net or 717.684.2379.

Even in early April, the Crossgates ourse already is in excellent condition The fairways and rough are in great shape, and the greens are faster than ever. Please arrange with your golfing friends to put together a foursome or two (or more) to share in what regularly is a wonderful day on a great course in the company of other great people. And, it's all for a great cause.

### Sertoma+HF

On Friday March 19th the mission of Homefields was shared with members of the Lancaster Sertoma Club during a weekly lunch meeting at Meadia Heights Country Club.

Farmer Scott Breneman of Goodwill and Homefields board member Melissa Ostrowski described the novel synergy that exists between Homefields, Goodwill, and Community Services Group. This model of three organizations working together to provide an idyllic residential setting for adults with disabilities and the opportunity for employment on the adjoining organic farm is an asset of our community and the Sertomans enjoyed hearing about our joint venture.



Melissa shared the role of Homefields in ensuring first-rate maintenance of the ranch and farm homes and the adjacent property. She also spoke about the annual Golf Outing and Harley Raffle, which have served as our primary funding sources in addition to private donations. Finally, she spoke about the role of Community Services Group in staffing both homes to ensure the residents are supported in the tasks of daily living. Scott spoke about the organic techniques employed by the farm, the role of Goodwill employees, and about the much-anticipated 2010 bounty of fruits, vegetables, herbs and flowers.

As we move forward in following the vision of Homefields it is ever so important to spread the word and share what we are doing. If you know of an opportunity for representatives of Homefields to speak to a group please contact us at 717-872-2012. We would be delighted to spread the word!

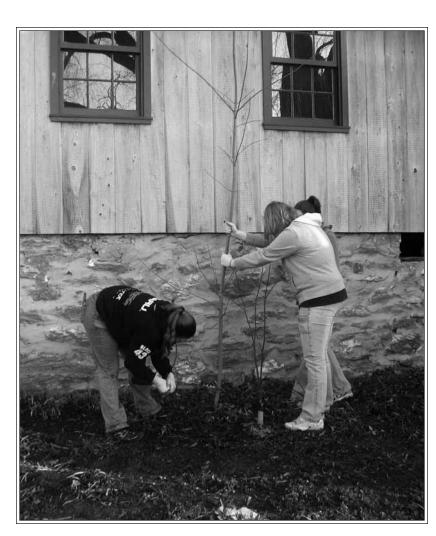
Contributions MAY 2009-APRIL 2010

\$25-\$50 Beverly Farmer M. Z. Stehman & J. A. Fitzkee, Jr. Hershey Groff Fred Lefever Susan P. Luek James and Sharon Roberts Carl Ziegler

\$100-\$200 Joyce Electric Mr. and Mrs. Jay M. Groff Ike and Teri Hay Tim and Brenda Kauffman Margaret Neff Suzanne Ollar Judith S. Sandt Joyce Smedley Tom and Linda Strauss

> \$2,000 Dorothy Lyet

Non-Profit Organ. U.S. Postage PAID Lancaster, PA Permit No. 1928



A tree may grow in Brooklyn, but this weed saw its last day in Millersville. For more, see "Penn Manor FFA" on page 2.



Homefields 150 Letort Road P.O. Box #41 Millersville, PA 17551

